

# Schedule of Light Awareness Congress in Hamburg 2018

(State 16.09.2018, changes are possible)

Saturday 22.09.2018	Room LIGHT Impulse Lectures	Room LOVE Meditations and Workshops	Room LIFE Healing Treatments
08:00 – 08:45	<b>Press reception</b> (coffee and tea are offered at the same time)		
09:00 – 09:30	<b>Opening speech and Compliance Meditation</b>		
09:45 – 10:15	<b>Philosophy of Light Awareness – the philosophy of the new age</b> Mechthild Aßmann	<b>Focus Meditation on Peace</b> Marcus Willigalla	<b>Light Sound Massage</b> Christina Neubert
10:30 – 11:00	<b>Extended Humanity – living in a new age</b> Dirk Sommer	<b>Focus Meditation on Freedom</b> Kunigunde Schlereth	<b>Light Sound Massage</b> Christina Neubert
11:15 – 11:45	<b>Typologie of Elements by David Wared</b> Ulrike Adler	<b>Healing Tones – experience your own voice as a healing, sacred instrument</b> Nicola Hahlweg	<b>Light Point Activation</b> Andrea Reuter
12:00 – 12:30	<b>I long for a City of Peace: the implementation of a worldwide vision</b> Urs Brandenberger, Julia Knobel, Peter Adler	<b>Flow Meditation on Love</b> Birgit Böhm	<b>Light Point Activation</b> Andrea Reuter
12:45 – 13:15	<b>Earth Healing – conservation, protection and healing for Mother Earth</b> Dirk und Birgit Sommer	<b>Feel the Peace in you – Breathing Peace and Peace Movement Meditation in LightYoga</b> Verena Pins	<b>Light Point Activation</b> Birgit Böhm
13:30 – 14:00	<b>Peace begins in me</b> Beate Knopp	<b>Focus Meditation on Unity</b> Anna Bardowicks	<b>Light Point Activation</b> Birgit Böhm
14:15 – 14:45	<b>WORLD TOUR for PEACE by David Wared</b> Susanne Knopp	<b>Healing Painting – discover the colours of the soul</b> Nicola Hahlweg	<b>Light Sound Meditation</b> Christina Neubert
15:00 – 18:00	<b>Common peace event with Kogi Indians from Colombia</b> (Room PEACE – big hall)		
18:00 – 19:00	<b>Break</b>		
19:00 – 22:00	<b>Meditation for Peace and Love with the philosopher of healing David Wared</b> (Admission from 18:30, room PEACE – big hall)		

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Sunday 23.09.18	Room LIGHT Impulse Lectures	Room LOVE Meditations and Workshops	Room LIFE Healing Treatments
09:00 – 09:30	Welcome speech, Hymn of Praise and Compliance Meditation		
09:45 – 10:15	<b>Philosophy of Light Awareness – the philosophy of the new age</b> Mechthild Aßmann	<b>Hymn of Praise in Light Awareness</b> Katrin Sporenberg	<b>Light Point Activation</b> Anna Bardowicks
10:30 – 11:00	<b>Light Essence Therapy – healing in Light Awareness</b> Julia Knobel	<b>Transcendental Meditation by David Wared</b> Kirsten Hüster	<b>Light Point Activation</b> Anna Bardowicks
11:15 – 11:45	<b>The 15 light points by David Wared – human's energy entry gates</b> Sigard Rude	<b>Light Constellation – supersystemic and overdual constellation work</b> Heribert Franzen, Kirsten Hüster	<b>Light Point Activation</b> Angelika Luckfiel
12:00 – 12:30	<b>Light children as a source of inspiration – experiences from my life</b> Felina Feltes	<b>Meditation on Truth</b> Julia Knobel	<b>Light Point Activation</b> Angelika Luckfiel
12:45 – 13:15	<b>Healing and Vocation – a Spirit-Soul-Way</b> Andrea Reuter	<b>Aura purification: how important is energetic cleansing for health, balance and well-being?</b> Birgit Sommer	<b>Light Point Activation</b> Birgit Böhm
13:30 – 14:00	<b>The extended teaching of Senses by David Wared – 22 human senses</b> Mona Jonas-Tadjik	<b>Focus Meditation for Light Point Activation</b> Stefanie Horst	<b>Light Sound Massage</b> Christina Neubert
14:15 – 14:45	<b>Spiritual Photography – the unbounded photography</b> Michael Jaeger	<b>LightYoga: getting to life with gentle exercises</b> Nicola Hahlweg	<b>Light Sound Massage</b> Christina Neubert
15:00 – 15:30	<b>Light-aware parenting: peaceful parent-child relationship</b> Andrea Witt	<b>Energy Dancing as a meditative peace dance</b> Katrin Sporenberg	<b>Light Point Activation</b> Kunigunde Schlereth
15:45 – 16:15	<b>Typology of Elements by David Wared: understanding the advancement and potential development of our children on their path through life</b> Britta Kunst	<b>Encounter, experience, knowledge – your way to the heart level</b> Beate Knopp, Julia Knobel	<b>Light Point Activation</b> Kunigunde Schlereth
16:30 – 17:00	<b>Feelings, sentiments, emotions – a new view of children and family from the perspective of the Philosophy of Light Awareness</b> Beate Knopp	<b>Healing Caress Massage – touching body, mind and soul</b> Andrea Witt	<b>Light Sound Massage</b> Christina Neubert
17:15 – 17:45	<b>Wealth and Abundance in Light Awareness</b> Karl-Heinz Gremke	<b>Focus Meditation on Blessing</b> Hans-Jörg Feltes	<b>Light Sound Meditation</b> Christina Neubert
18:00	<b>Finale Meditation</b>		